

## City of Carson COVID-19 Update

Monday, November 2, 2020

The coronavirus outbreak began in Wuhan, China, and has since spread across the globe impacting many countries including the United States. The first case of COVID-19 in the United States was reported on January 14, according to the Centers for Disease Control and Prevention (CDC). To help keep the community informed, the City of Carson is providing COVID-19 news updates related to health and safety tips, and informational links to meet the needs of the community and protect public health.

To slow the spread of the coronavirus, public health officials urge residents to practice social distancing, wash their hands regularly, wear a face covering and stay home as much as possible and avoid the "Three C's": Crowded places, Confined Spaces and Close Contact.

## PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

## **COVID-19 CASES**

(Cases and Deaths Numbers May Vary Depending on Time of Day)

11/02/2020	CASES	DEATHS
CARSON	2,097	65
County of Los Angeles	310,595	7,074
California	940,770	17,679
United States	9,370,301	235,023
Global	46,857,505	1,204,274

John Hopkins University & Medicine Coronavirus Resource Center
<a href="https://coronavirus.jhu.edu/map.html">https://coronavirus.jhu.edu/map.html</a>
State of California Coronavirus Statewide Update
<a href="https://update.covid19.ca.gov/">https://update.covid19.ca.gov/</a>
County of Los Angeles Public Health

http://publichealth.lacounty.gov/media/Coronavirus/locations.htm

- COVID-19 Testing in Carson and The County of Los Angeles:
  - Carson Community Center Carson residents only. To make an appointment, please log on to: <a href="https://ushealthfairs.org/carsonform/">https://ushealthfairs.org/carsonform/</a>
  - Los Angeles County All county residents. For locations and appointments, please log on to: <a href="https://covid19.lacounty.gov/testing/">https://covid19.lacounty.gov/testing/</a>
- If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us. Please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to: https://covid19.ca.gov/resources-for-emotional-support-and-well-being/
  - **24-hour Suicide Prevention Lifeline:** 800-273-8255 or text 838255
  - 24-hour Domestic Violence Hotline: 800-799-7233 or click Chat Now
  - Call 911 if you or the person you are helping is in immediate danger.
- A Carson City Council Regular Meeting is Scheduled for Wednesday, November 4, 2020 at 5:00 p.m. (Date change due to Local and National Elections)
  - The meeting will be livestreamed on Cable Spectrum Channel 35 and AT&T Channel 99.
  - For public participation during "public comment", please go to: <a href="http://ci.carson.ca.us/publiccomments.aspx">http://ci.carson.ca.us/publiccomments.aspx</a>
  - To view current and previous Agendas, Videos and Minutes, please go to: <a href="https://carson.legistar.com/Calendar.aspx">https://carson.legistar.com/Calendar.aspx</a>
- Increases In Gatherings Is Connected To Rise In Cases has been highlighted by County of Los Angeles Public Health. Surveys conducted by the USC's Center for Social and Economic Research about actions throughout the pandemic found increases in close contact between residents from different households and gatherings that include going to reunions, weddings, funerals, birthdays parties, concerts, or religious services, including going to a neighbor, or relative's house or having visitors at their house. To read the County of Los Angeles Public Health November 2 News Release, please go to: <a href="http://www.publichealth.lacounty.gov/phcommon/public/media/mediapubhpdetail.cfm?prid=2787">http://www.publichealth.lacounty.gov/phcommon/public/media/mediapubhpdetail.cfm?prid=2787</a>
- The Highest One-Week Increase In Child Cases Of COVID-19 Since Onset Of Pandemic was reported by the American Academy of Pediatrics (AAP). As of Oct. 29, more than 853,000 children have tested positive since the onset of the pandemic, including nearly 200,000 new cases in children during the month of October. In the one-week period ending Oct. 29, there were 61,000 new cases in children, the largest of any week of the pandemic. At this time, it appears that severe illness due to COVID-19 is rare among children however the AAP notes an urgent need to collect more data on longer-term impacts on children, including ways the virus may harm the long-term physical health of infected children, as well as its emotional and mental health effects. To read the American Academy of Pediatrics November 2 News Release, please go to: <a href="https://services.aap.org/en/news-room/news-releases/aap/2020/american-academy-of-pediatrics-reports-highest-one-week-increase-in-child-cases-of-covid-19-since-onset-of-pandemic/">https://services.aap.org/en/news-room/news-releases/aap/2020/american-academy-of-pediatrics-reports-highest-one-week-increase-in-child-cases-of-covid-19-since-onset-of-pandemic/</a>
- A New Wave Of Lockdowns, Tightening Restrictions And Business Closings Swept Across France, Germany And Other Places In Europe. France declared a new nationwide lockdown beginning Friday, Germany starts a 'wave-breaker' shutdown Monday, and Britain and Austria will follow suit later in the week. England is headed for a tougher lockdown starting Thursday while Austria, Italy, Greece and Kosovo are also introducing new measures and restrictions. Movement between regions will be limited and "late-evening" curfews introduced as authorities across the continent scramble to slow a rapid rise in coronavirus infections. To read the Associated Press November 2 News Report, please go to: https://apnews.com/article/germany-wave-breaker-shutdown-covid-19-5b316ddd6d05fcb07fa9ff46eb06f763



- It Is Still Unsure How Long Coronavirus Can Survive In A Dead Body And Whether It Remains Contagious. After performing an autopsy on a COVID-19 victim 27 days after death, researchers in the U.K. found SARS-CoV-2 present in the lungs, despite a nasal and throat swab taken after death testing negative for the virus as reported in the British Medical Journal report (BMJ). It was noted in May that the virus cannot replicate anymore in the bodies of the deceased however, it can remain infectious in the tissue for a given amount of time. Understanding how long the live virus can survive in dead human tissue is a "key piece of information". To read the reports, please go to:
  - Newsweek Journal at: https://www.newsweek.com/covid-virus-lungs-dead-body-month-1543968
  - British Medical Journal at: <a href="https://casereports.bmj.com/content/13/10/e237446">https://casereports.bmj.com/content/13/10/e237446</a>
- Texas Has Overtaken California As The State With The Most COVID-19 Infections having recorded more than 950,000 cases since the pandemic began with the most COVID-19 infections during the pandemic, according to <u>Johns Hopkins University</u>. To read the Business Insider News article, please go to: <a href="https://www.businessinsider.com/texas-california-state-highest-infections-covid-19-covid19-cases-pandemic-2020-11">https://www.businessinsider.com/texas-california-state-highest-infections-covid-19-covid19-cases-pandemic-2020-11</a>
- Pregnant Women With Coronavirus Disease 2019 (COVID-19) Are At Increased Risk For Severe Illness And Might Be At Risk For Preterm Birth according to reports of birth and infant outcomes following Laboratory-Confirmed SARS-CoV-2 Infection in Pregnancy SET-NET, 16 Jurisdictions through collected supplementary information among 5,252 women reported during March 29–October 14, 2020. To read the Centers for Disease Control and Prevention November 2 Report, please go to: <a href="https://www.cdc.gov/mmwr/volumes/69/wr/mm6944e2.htm?s\_cid=mm6944e2\_x">https://www.cdc.gov/mmwr/volumes/69/wr/mm6944e2.htm?s\_cid=mm6944e2\_x</a>
- Department of Public Social Services (DPSS) offers assistance to residents for Medi-Cal health insurance, CalFresh food assistance, CalWORKs cash assistance for families, and General Relief cash assistance. They also offer many other social service programs such as to individuals who are experiencing homelessness, domestic violence, substance use disorders as well as others. For more information, please go to: <a href="https://dpss.lacounty.gov/en.html">https://dpss.lacounty.gov/en.html</a>
- Meal Programs and assistance for residents continue in Carson, including for seniors and the homebound.
  - Carson Essentials to GO Grocery Package Purchase delivered: (310) 952-1765
  - Free Meal Pick-Up for those in need, Mon. Thurs. at 11:00 a.m.: (310) 952-1750
  - Free Meals Delivered to homebound residents: (310) 952-1750
  - Meals on Wheels Program for seniors age 60 and up: (310) 602-4909
  - **Grab & Go** Food Centers, please log on to:

https://achieve.lausd.net/resources

- Los Angeles Regional Food Bank, please log on to:
  - https://www.lafoodbank.org/coronavirus/

 $\underline{https://www.lafoodbank.org/wp\text{-}content/uploads/Food\text{-}Resource\text{-}Guide\text{-}2\text{-}sided.pdf}$ 

- County of Los Angeles Food Resources
  - https://covid19.lacounty.gov/food/



- WIC (Women, Infants and Children) is a health program that provides food vouchers to low income families with children 5 years old and under. For more information, please call 1-888-WIC-WORKS or got to: https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx
- CalFresh is the Supplemental Nutrition Assistance Program (SNAP) that provides financial assistance low-income families. For more information, please call (877) 847-3663 or go to: <a href="https://www.cdss.ca.gov/inforesources/calfresh">https://www.cdss.ca.gov/inforesources/calfresh</a>

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by washing your hands often; clean and disinfect surfaces on a regular basis; stay a safe distance from one another; stay home if you are ill; avoid others who are who are ill; cover coughs and sneezes; wear face masks if you are ill. If you are experiencing high fever, along with dry cough and fatigue, call your health provider so they can provide you with professional advice and recommendations. Those with underlying health conditions, the elderly and those who are pregnant should consider calling sooner, as soon as feeling ill.

